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NEDERLAND ICE RINK OPENS FOR SEASON



NedRINK is now open
Parks and Recreation Manager Nicki Dunn and Nederland employee Brian Biggs on Disco Night. See story on page 20.

PHOTO BY DAVE GIBSON

Inside this week's issue

Peak Perspectives
page 3

Business News
page 4, 5

Letters
page 6

Calendars
page 6-8, 13-15, 24

School Zone
page 8-13

Recipe of the Week
page 10

Music of the Mountains
page 14, 15

Discover Colorado
page 16

Forest News
page 17

Astrology
page 18

Puzzles
page 22

Police & Fire
page 25

The logo that rocked Ned
page 26-29

Government
page 19, 23-24, 30-37

Classifieds
page 30

Snow fun
page 40

Gilpin County Eagles' wrestling is real

DAVE GIBSON
EVERGREEN

Long gone are the days when Hulk Hogan, Randy "Macho Man" Savage, and André the Giant captured America's collective imagination. Sharing the name "wrestling" and little else, unlike the glitzy over-the-top scripted version of the sport,

Continued on page 10



Eagles' wrestling
Gilpin grappler freshman Ezekiel Bloom riding his opponent.

PHOTO BY DAVE GIBSON

Pardon our dust, we are under construction. This week you will find that the paper has shifted a bit with content being moved. The good news is, it's all still there. We are moving things around as part of a redesign. Inside page 3 you will find the directory listing where things have been placed. Love it? Hate it? *Let us know at info@themountaineer.com.*

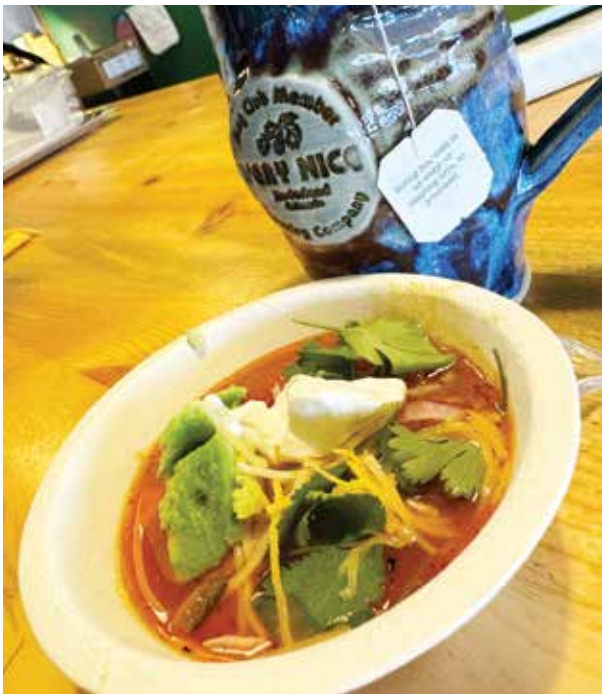
- QUOTE OF THE WEEK -

*"And she stopped...and she heard what the trees said to her,
And she sat there for hours not wanting to leave,
For the forest said nothing, it just let her breathe"*
~ Becky Hemsley



January

RECIPES



Chicken chipotle chili

We all love a nice bowl of warm chili on a cold winter evening, right? This recipe is just perfect for that. You can make it ahead of time and leave it in the crockpot, cooking on low, for the day.

Ingredients:

- 1 Tablespoon extra-virgin olive oil
- 1 medium white onion, peeled, and diced
- 1 poblano pepper, cored and diced
- 1 red bell pepper, cored and diced
- 4 cloves garlic, minced
- 2 chipotles in adobo, roughly chopped
- 4 cups chicken stock
- 2 cups shredded cooked chicken
- 15 ounce can pinto beans
- 15 ounce can red kidney beans
- 15 ounce can fire-roasted diced tomatoes
- 15 ounce can tomato sauce
- 2 teaspoon ground cumin
- salt and pepper, to taste

Marinate chicken overnight with your favorite spices (I add a tablespoon of bourbon to the marinade). Grill chicken and cut to bite size pieces.

Place all fresh veggies in a fry pan with olive oil. Cook for 7 minutes. Add chipotles and cook for another minute. Pour into a crock pot. Add chicken, beans, tomatoes, and tomato sauce. Add cumin.

Cook on low for 4 to 8 hours.

Tastes great topped with shredded cheese, diced avocado, finely-chopped red onions, chopped cilantro, or sour cream. Enjoy!

Recipe provided by Doug Brightwood, who runs the music store in Nederland and also makes soup when his wife asks him.



PHOTO BY DAVE GIBSON

Wrestling

Continued from page 1

high school wrestling is a completely different animal that is often more entertaining.

One main difference between the two is that at the high school level they have rules. Folding chairs may not be used as weapons. The action is real and the combatants genuine. The new and upcoming stars are freshmen Neko Cope and Ezekiel Bloom of the Gilpin County Eagles. Liam Mackey hopes to rejoin the team in competition later this

year. Promoter Vince McMahon was not in attendance at their January 10 appearance at the Clear Creek Triangular/Quad wrestling tournament in Evergreen.

Tipping the scales at 113 pounds dripping wet was Ezekiel Bloom vs. his opponent from Goldenview Classical. Scoring a 2-point double-leg takedown, Bloom returned the other wrestler to the mat a couple of times during his escape attempts. Turning him onto his back, Bloom achieved a pin at 1:13 of the first period.

In order to get more mat time, Bloom moved up in weight class

Continued on page 11



Gilpin wrestlers compete

Top: Goldenview Classical and Clear Creek wrestlers doing battle. Bottom: Niko Cope is named the victor after his second pin of the evening.



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Wrestling

Continued from page 10

to take on a Clear Creek athlete twenty pounds heavier than himself. In a gritty hard-fought contest, the Eagles' wrestler lost the decision by points in a match that lasted the full three periods.

In his third and final match of the day, in a back-and-forth battle, Bloom again grappled the full three periods just losing to his rival from Goldenview Classical by a score of 12-9.

After feeling each other out, Gilpin's 245-pound heavyweight Neko Cope fended off a takedown attempt and found himself in a scramble against his Goldenview opponent. Upon gaining the upper hand, Cope quickly applied the pressure. With the referee on all fours, head to the floor, and his eyes focused on the compromised

wrestler's shoulder blades, he slapped his hand to the mat, declaring a pin for Cope at 1:14 of the first period.

It took Cope one more second to dispatch his next opponent from Clear Creek in his second match. Tied up in headlock holds with each of their hands behind the other's neck, they mightily pushed back and forth trying to establish dominance. A throw by Cope was slightly off, resulting in finding the Clear Creek wrestler on his back. He wasted little time in reversing his position and imposing his will for the pin. Cope's overall record is now 5-3.

Head Coach Jonathan Chamberlin after the tournament said, "I'm proud of our guys coming out and doing their best. To complement his pin and narrow loss, Ezekiel showed great determination against a heavier opponent. Neko's two pins on the day indicate that he may be hitting his stride. We are excited for our guys as we get closer to regionals for a chance to wrestle at Ball Arena."



PHOTOS BY DAVE GIBSON

Wrestlers take to the mat

Top: Sizing each other up. Bottom: Niko Cope applies the pressure against his rival at the Clear Creek Triangular/Quad wrestling tournament.

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